



Trinity School for Seniors

SUMMER SCHOOL

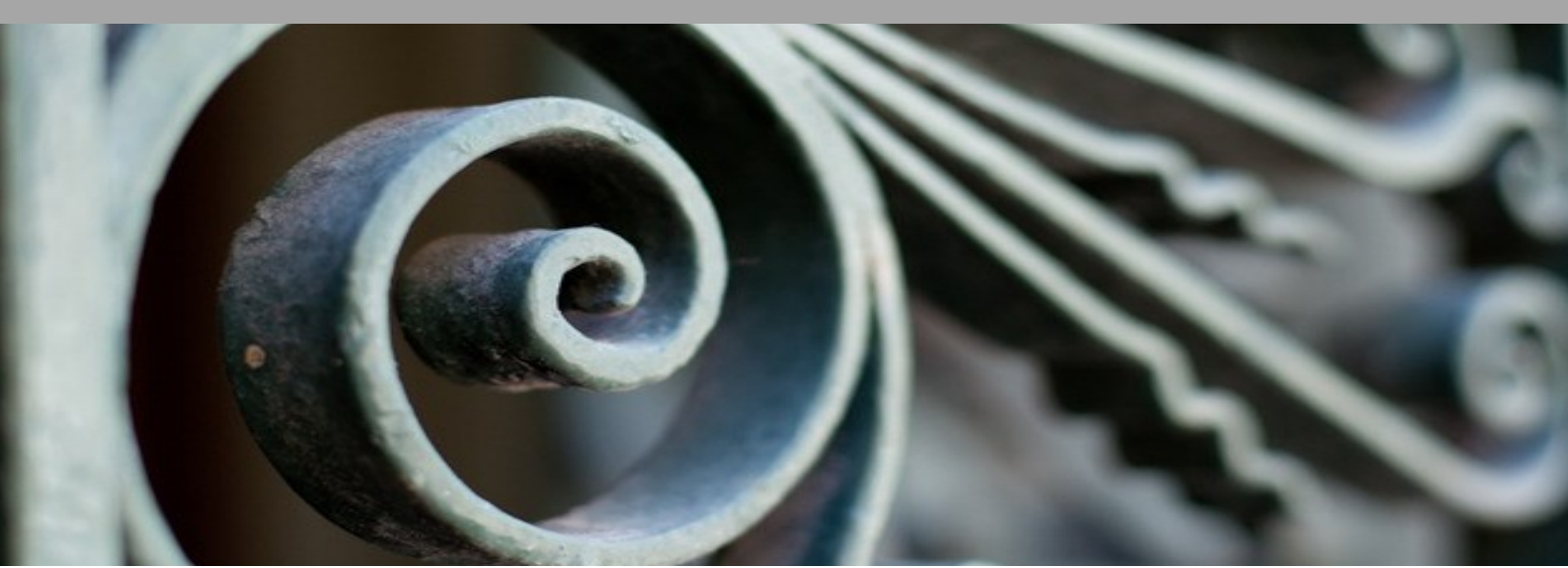


6—24 January 2025



Level 1, 97 William St, Perth, WA 6000 | (08) 9483 1333 | Reception@tsfs.org.au

www.perthunitingchurch.org.au



TRINITY SCHOOL FOR SENIORS

Companionship through Learning

Trinity School for Seniors (TSFS) is a mission outreach of the Uniting Church in the City (UCIC), and is committed to helping adults over the age of 60 to participate in Life Long Learning, and to foster and enhance friendship and companionship on this journey. TSFS functions as an inclusive community facility, to provide education and mutual support to meet the physical, emotional, social, intellectual, pastoral, and spiritual needs of Seniors in the wider Perth community.

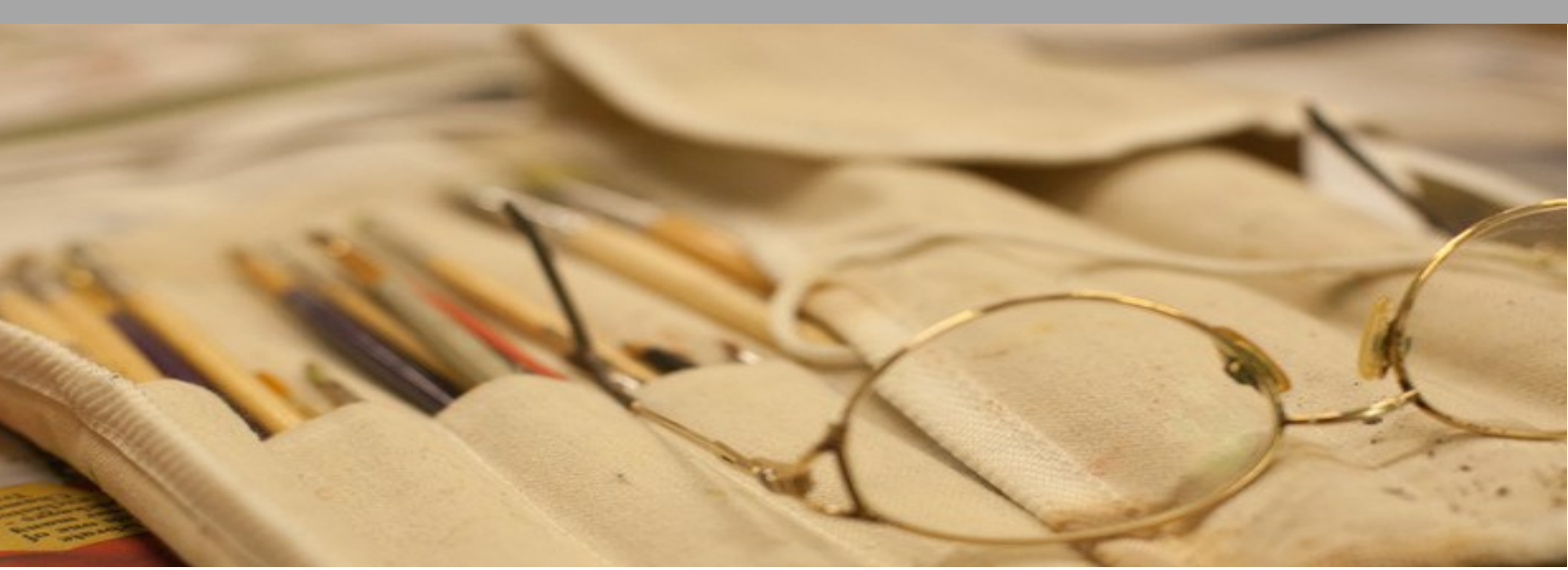
TSFS is grateful for the continued financial and administrative support provided by the Uniting Church in the City, without which, it would not be able to continue.

The school was started in 1979 and in 2024 celebrated 45 years of providing 'Companionship Through Learning' to the seniors of Perth. TSFS offers a thriving community of activity, providing over 80 courses for more than 400 attendees five days a week, and over four terms per year, with additional short programs available during the Summer and Winter school holidays.

We hope that you enjoy the classes and activities on offer during our 2024 Summer School program and we look forward to being a part of your life, just as much as you are a part of ours.

All money raised during Summer School is used to offset the running costs of our termly programs or to purchase much needed resources for our school community to use and enjoy.

For over 60's



Welcome to *Summer School*

Trinity School for Seniors offers a casual three week 'Summer School' program during the January school holidays which provides the perfect opportunity to try out a variety of classes that you might not normally consider during term time.

To participate in Summer School activities, please complete an enrolment form to reserve your place in your preferred classes. **Enrolment forms will be made available and accepted for enrolment, from Monday 11th November 2024.** There is limited availability based on the size of each classroom and thus it is imperative that participants book to reserve their spot.

The fee structure for Summer School is a **\$2 donation per class**, payable to your tutor on arrival to the class. There are a few classes that incur an additional fee, payable to TSFS Reception prior to your attendance. This fee is non refundable due to having to purchase materials or pay an outside agency prior to the class happening. You will see the following icons referenced alongside each course in this program to assist you in making your selections.



A \$2 Donation is payable to tutor on arrival to the class.



A fee is required for attendance at event.
Payable to TSFS prior to event/class date.



Booking required.
Please contact TSFS Reception to reserve your place.



Exercise class/Excursion involving moderate walking or physical abilities.

COVID-19 Vaccination Policy: UCIC recommends all attendees remain up-to-date with their COVID-19 vaccination .

We also welcome new students to the school during Summer School as this short program provides a wonderful chance for members of the public to get a feel for the school and a taste of some of the fabulous courses on offer.

Summer School Program

Workshops



Let's Talk Anger with Christian Long

It serves as a survival function, protects vulnerability and neutralises threat. Your opinions are encouraged.

Interactive slide presentation by Psychotherapist Christian Long.



Monday

6th January

Queens Board Room

10am—11am



The Sewing Project Paraguay with Christa Kaltenbrunn—Long

Interactive presentation by Christa on her experience with The Sewing Project Paraguay – A dream to never be hungry. An initiative providing a contribution towards industrious women who have taken up sewing in order to feed and educate their children, who are often short of very basic necessities. There may also be some Paraguayan food to try!



Monday

Queens Boardroom

13th January

10am—11.30am



Mini Bridge with Sandra Sutton – Mattocks

Welcome to Summer School Mini Bridge, an easy to learn, fun social game that is also a gentle workout for the brain, and forms the basis of Contract Bridge if you wish to update your skills at a later stage. Mondays, 9.30 to 11.30. Everything supplied.



Monday

Queens Hall

6th, 13th & 20th
January

9:30am — 11:30am

Summer School Program

Workshops



Church Tour - St Mary's with Diane Cotter

As part of TSFS's Summer and Winter School program for 2025 we will be visiting and touring some of the inner city Perth Churches of all denominations, looking at their architecture and learning about their history. The first of these tours will be to St Mary's Catholic Cathedral and grounds.

Meet at the Queens Foyer at 9am where we will either catch the Red CAT from Raine Square or walk (depending on weather) to St Mary's where we will meet our guide for a tour of the cathedral and grounds. The tour will commence at 9.30am and take approximately 1 hour with an optional stop for morning tea afterwards.

This tour costs \$10 and is payable in advance. Please note that no refunds will be available due to TSFS having to pay St Mary's in advance of the tour.

Morning tea is optional after the tour at your own cost.

A reasonable level of mobility is required as there is some walking involved.



Monday

Depart Queens Foyer

20th January

Meet at 9.00am



Vicarious Adventures in Europe, Part 1 with Rita and Rob Phillips and Peter Waller

When Rita's Dad Peter was doing his apprenticeship in Switzerland, one of his colleagues walked from the north to the south of Switzerland. Ever since then, Peter had been wanting to do that walk; but he only talked about it. When he was 80, he raised it again, and Rita told him "It's now or never" and she offered to organise it.

The hike is a 250km route from Basel (in the relatively flat, German-speaking north) to Chiasso (in the mountainous, Italian-speaking south). It is one of six Swiss National hiking routes. We arrived in Switzerland in August 2012 (when Peter was just 82), and spent 21 days hiking south over the 2100m high Gotthard Pass, and then made our way 'downhill' to the Italian border. After all the ups and downs along the way, we climbed the equivalent of Mt Everest.

We will tell you our stories about the natural beauty of this landscape through Rita's photos, and also about some of the experiences we had.



Tuesday

Lecture Room

7th January

11.00am—12.00pm

Summer School Program

Workshops



Summer Self Care Home Spa Ideas with Liz Grey

Summer is a time when the days are longer and brighter. The warmer conditions can also take a toll on our skin. If you long for a day spa experience, without the price tag, this workshop is for you.

Using natural and common pantry ingredients, you will create a range of products for a relaxing and invigorating top to toe home spa treatment.

Students can expect to make a range of products to take home.

Not suitable for people with nut allergies or sensitivity to strong aromas. Students will need to bring 3 jars (size: 1 cup capacity)

Please note that this class attracts a non refundable fee of \$15 to cover materials which is payable prior to attending the class.



Tuesday

Trinity Art Hall

7th January

10.00am – 12.30pm



French Conversation with Christel Bouton

Suitable for intermediate and advanced students, this class offers a less formal chance to speak French and explore the French language and culture. A variety of topics discussed around the group.



Tuesday

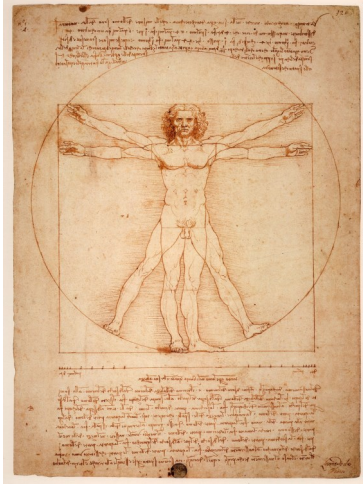
Queens Boardroom

7th, 14th & 21st
January

12pm—2pm

Summer School Program

Workshops



History Alive with Susie King



Three 'Rs' in History (Part 2)

Reformation and Restoration

These movements were to have an impact on the Western World that was to resonate for hundreds of years. They changed and challenged our cultural, scientific, religious and political thinking and helped to create the 'modern era'. Why did these events occur? What were their short and long-term consequences?

Session 1: The Reformation (circa 16th and 17th Centuries)

The Roman Catholic Church was being challenged in the Middle Ages and well before the advent of Martin Luther. Where and why did these challenges occur? The divisions and sects which originated in the Protestant Reformation are still with us today and have had a major impact in wars and power struggles throughout the world.

Session 2: The Restoration (1660 – 1688)

England, and later Britain, had laid the foundations for limiting the power of the monarchy since Magna Carta in 1215. Find out more about the steps towards a Constitutional Monarchy culminating in the Restoration of Charles II in 1660 and the Glorious Revolution of 1688. As the British Empire expanded so too did the principles of democracy and Constitutional Monarchy.

Tuesday

Queens Lecture Room

14th & 21st January

10.30am—11.30am

Summer School Program

Workshops



Introducing Offshore Wind with Professor Britta Bienen

This presentation will give an introduction to harnessing renewable energy from offshore wind. A brief background provides the global context of the offshore wind industry and its evolution, with Australia representing one of the emerging markets. The talk will also provide a high level overview of aspects involved in planning and constructing an offshore wind farm, before first power is obtained. Some of these aspects will be discussed in more detail, with links explained to ongoing research at the University of Western Australia.

Professor Britta Bienen is based at the Centre for Offshore Foundations Systems within the School of Earth and Oceans at the University of Western Australia.



Tuesday

Queens Lecture Room

14th January

12.00pm—1.00pm



Conserving Australia's Birds with Dr Rochelle Steven

Hear Dr Rochelle Steven share her passion for the incredible avifauna of Australia. Learn about what makes Australian birds unique, the challenges they are facing and what you can do to help.



Tuesday

Queens Boardroom

21st January

10.00am—11.30am

Summer School Program

Workshops



Still Life with Melvyn Scholtz

A picture will be handed out of a "still life", a picture of a few objects arranged on a table. Students will be required to produce a painting in their own style, but the Tutor will be there to guide and assist, while also painting the same subject. Please note the image used in this brochure is NOT the image you will be painting on the day.

Students will need to bring:
An A3 board or canvas, pencil, eraser, brushes and acrylic paint.



Wednesday

Trinity Art Hall

8th January

10.00am—2.00pm



Origami for Beginners and Grandkids with George Ho

Come by yourself, bring along the grandkids or a friend to discover the wonder of paperfolding. Share the joy of transforming a piece of paper into something interesting e.g. a toy, a bird or a box. All materials will be provided. Just bring along a carry bag to take your creations home.

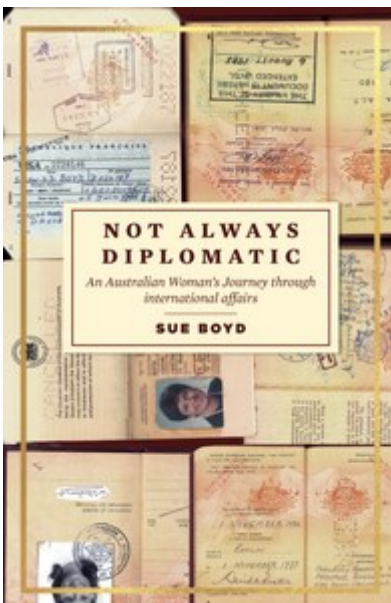


Wednesday

Queens Lecture Room

15th January

10.00am—11.00am



Not Always Diplomatic—An Australian Woman's Journey Through International Affairs with Sue Boyd AM

Come along to hear Sue Boyd talk about her 35 years in the Australian Foreign Service. All at important times for Australian Foreign Policy. Sue served in Portugal and East Berlin, as High Commissioner in Bangladesh, Fiji, Tuvalu and Nauru as well as Ambassador in Vietnam and Consul General in Hong Kong. This story is told with great humour and is based on her autobiographical book of the same title. Sue's book will be available for sale after the talk for \$30 (cash only).



Wednesday

Queens Lecture Room

15th January

1.00pm—2.30pm

Summer School Program

Workshops



Tools of the Trade with Ian Nichols

A discussion and demonstration of the wide range of media and surfaces that are used in the graphic arts. This will range from paper and pencils to the many, many forms that these take and the types of paint and surfaces that are available. There will be some attention paid to printing as well, and a possible demonstration of the printing process. Suitable for beginners.



Wednesday

Trinity Art Hall

22nd January

1.00pm—3pm



Canasta Five with Penny Searle—Hellens

Canasta Five is a very social game which gives you the opportunity to meet with other experienced players in a friendly setting. This class is only for experienced players as no tuition is provided.



Wednesday

Trinity Lunch Room

8, 15 & 22 January

11am—2:00pm



Needlework Social Group with Faye Etherington

Come and join a friendly handcraft group. Whether it be patchwork, embroidering, knitting, quilting, or something special that you are currently working on, bring it along to this relaxed and social group. Drop in any time between 10am—2.00pm to join this friendly, outgoing group of handcrafters.

If you would like to learn to knit, bring 8ply wool and 4mm or No.8 knitting needles. If you would like to learn to crochet, bring 8ply wool and a 4mm hook.



Wednesday

Trinity Lunch Room

8, 15 & 22 January

10am—2:00pm

Summer School Program

Workshops



Porcelain Art

with Zilla Wong

Come along to this multi day workshop and experience the unique art form of Porcelain Art. This class is open to everyone regardless of your skill level. Learn new techniques or paint what you already know. Communal use of paints will be supplied, though bring along three or more pieces of white porcelain per session & pictures of flowers, fruits, birds, small animals, etc, that you would like to paint. Optional participation of new technique to be introduced: Zentangle with lustre, metallic paint & water based medium.

As lustre, metallic paint & water-based medium are not part of the communal materials, a small cost in addition to the class fees will be collected separately by the Tutor to cover the costs (less than \$5).

Materials required: Three or more pieces of white porcelain that is around the size of a side plate per session. Please refer to Course Materials list from the Office and come prepared.



Wednesday & Thursday

Trinity Art Hall

15th, 16th, 22nd and 23rd January

10am—12.45pm



Watercolour

with Jeanne Mc Whirter

Subject will be provided. Suitable for all levels.

What to bring:

Paints—at least the 3 primaries, red, blue, yellow.

Paper—300g watercolour

Brushes

Palette for mixing

Pencil



Thursday

Trinity Art Hall

9 January

10am—2pm

Summer School Program

Workshops



Card Making Corner *with Janice Oliver*

Its uplifting to receive a personalised greeting card in the mail or a postcard from far flung places! So let's embrace the lost art of slow making! In this class we will experiment with different ways to make cards. From printmaking, collage, drawing, paper cuts, painting and more. A class for all levels, from the beginner to the experienced. A great way to dip your toe into the water and see how creative you really are! Just bring your smile and a sense of fun. All levels welcome.



Thursday

Trinity Art Hall

23rd January

9.30am—12.00pm



Simplified Landscapes *with Paul Innes*

Follow along with our experienced Tutor Paul as he teaches you an easy way to approach painting landscapes using either oils or acrylics. Bring along some plastic plates to use as palettes for mixing lots of paint, all your current paints, brushes, a canvas either A4 or A3 in size (no paper please), and a willingness to have fun!



Friday

Trinity Art Hall

10 January

10am—2pm



Colour Psychology *with Christian Long*

Colour Psychology is the study of how colours affect perceptions and behaviours. In marketing and branding colour psychology is focused on how colours impact consumers, persuading them to consider specific brands or make a purchase. For example why is McDonald's red and yellow?



Friday

Queens Board Room

24 January

10.00am—11.00am

How to get to TRINITY SCHOOL FOR SENIORS

Trinity School for Seniors Summer School classes are conducted from the following two buildings:

Queens Building

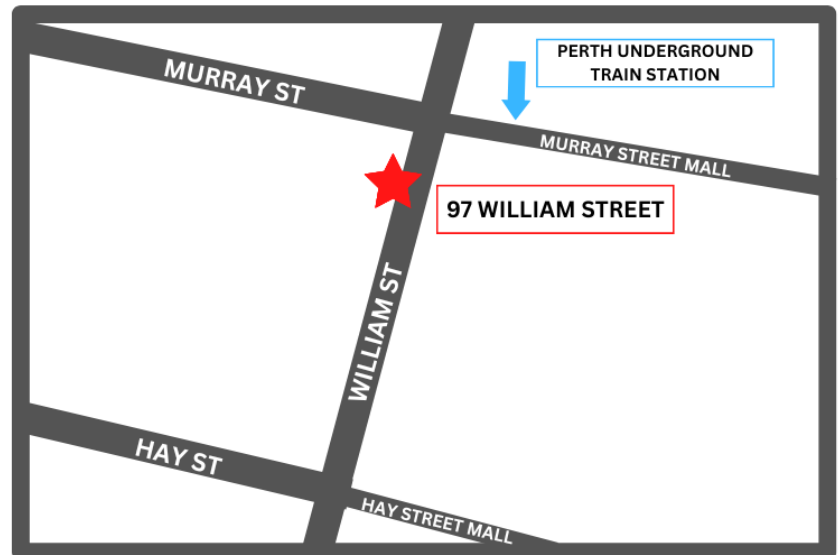
97 William St, Perth WA 6000

All classrooms are located on Level 1 or Level 2 with lift access

Reception is located on Level 1.

Classrooms in this location:

- Queens Board Room
- Queens Lecture Room
- Queens Foyer (as a departure point)



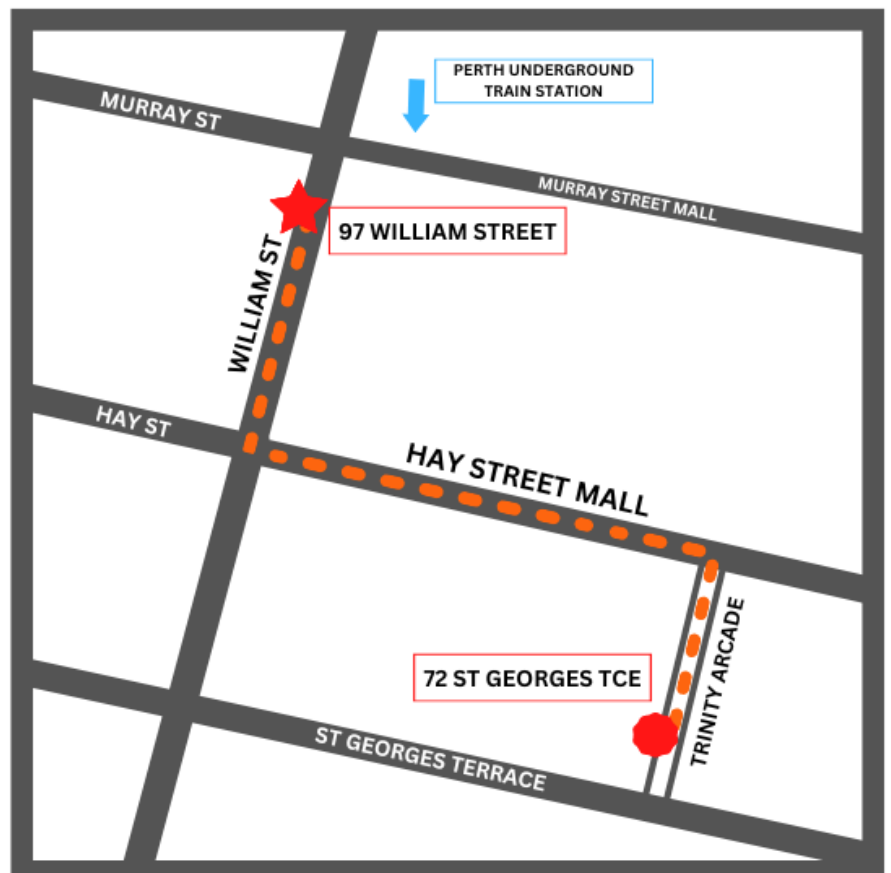
Trinity Building

72 St Georges Tce, Perth WA 6000

All classrooms are located in the Trinity Church buildings, ground floor Trinity Arcade

Classrooms in this location:

- Trinity Lunch Room
- Trinity Main Hall
- Betty Creagh Lounge
- Trinity Church



Summer School

Quick Reference

Summer School Workshop	Workshop Location	Day	Time				
Let's Talk Anger	Q - Board Room	MON 6	10am - 11am	✓	✓		
The Sewing Project	Q - Board Room	MON 13	10am - 11.30am	✓	✓		
Mini Bridge	Q - Hall	MON 6,13 & 20	9.30am - 11.30am	✓	✓		
Church Tour	Depart Q Foyer	MON 20	9.00am—11.30am	✓		✓	✓
Summer Self Care	T— Art Hall	TUE 7	10am - 12.30pm	✓	✓		✓
Vicarious Adventures	Q—Lecture Room	TUE 7	11am - 12pm	✓	✓		
French Conversation	Q - Board Room	TUE 7, 14 & 21	12pm - 2pm	✓	✓		
History Alive	Q—Lecture Room	TUE 14	10.30am—	✓	✓		
Introducing Offshore Wind	Q—Lecture Room	TUE 14	12pm—1pm	✓	✓		
Conserving Australia's Birds	Q—Board Room	TUE 21	10am—11.30am	✓	✓		
Needlework Social Group	T—Lunch Room	WED 8, 15, 22	10am—2pm	✓	✓		
Canasta Five	T—Lunch Room	WED 8, 15, 22	11am—2pm	✓	✓		
Still Life	T - Art Hall	WED 8	10am - 2:30pm	✓	✓		
Origami	Q—Lecture Room	WED 15	10am –11am	✓	✓		
Not Always Diplomatic	Q—Lecture Room	WED 15	1pm—2.30pm	✓	✓		
Porcelain Art	T—Art Hall	WED & THUR 15,	10am—12.45pm	✓	✓		
Watercolour	T - Art Hall	THUR 9	10am—2pm	✓	✓		
Card Making Corner	T—Art Hall	THUR 23	9.30am—12pm	✓	✓		
Colour Psychology	Q—Boardroom	FRI 24	10am - 11am	✓	✓		
Simplified Landscapes	T—Art Hall	FRI 24	10am –2pm	✓	✓		

* T—Trinity Building; Q—Queens Building (refer to previous page for directions)

Notes

Scan this QR code to save our contact details to your phone:



Trinity School for Seniors
Companionship through Learning

Level 1, 97 William Street, Perth WA 6000
PO Box X2222, Perth WA 6847
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Office Hours:

Term time - Monday to Friday 9am – 3pm

Holiday time - Monday to Friday 9am – 12pm

